



**Association of Dental Anaesthetists  
Winter Meeting, January 28<sup>th</sup> 2006**

# **Substance misuse, meeting the challenges**

**at the Association of Anaesthetists of  
Great Britain & Ireland, London**

**The Association of Dental Anaesthetists  
[www.dentalanaesthesia.org.uk](http://www.dentalanaesthesia.org.uk)**

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The Association of Dental Anaesthetists Winter Meeting 2006 has been organised by the Association of Anaesthetists of Great Britain & Ireland.

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## Contents

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	<i>Page No.</i>
<b>Welcome Message</b> .....	<b>1</b>
<b>Scientific Programme</b> .....	<b>2</b>
<b>Meeting Information</b> .....	<b>4</b>
<b>Notes</b> .....	<b>5</b>

## **Welcome message from the President of the Association of Dental Anaesthetists**

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“Welcome to the 2006 Winter Meeting of the Association of Dental Anaesthetists. This is the second meeting that we have held at our new “home” at the Association of Anaesthetists of Great Britain & Ireland. Having the base in London will help the Association administration and make it simpler for members and non-members to contact us. The facilities here also allow us to have a fixed venue for our winter meetings.

The theme of the meeting today is substance misuse in dentistry. The use of illicit substances and abuse of legally available agents is an area that is attracting a large amount of publicity both within the medical and dental literature as well as the popular press. In the run up to this meeting there have been reports of high levels of aggressive behaviour in teenage girls in the UK compared with other European countries, and suggestions that the centre of Glasgow may become a glass free zone to prevent broken glasses being used in alcohol fuelled assaults.

I hope that by the end of this meeting we will have an increased awareness of some of the issues around substance misuse, both in our patients and our colleagues.

If you find today’s meeting of value, please tell your colleagues who are not here!! If there are things we could do better, then please tell one of the Council members!

Finally I would like to thank the staff of the AAGBI, particularly Thomas and Busola for their help with this meeting and Christine Arnold, one of our Council Members for organising the programme. Our next meeting is in Dundee on the 23<sup>rd</sup> and 24<sup>th</sup> June. I look forward to welcoming you all to Scotland!!”

**Dr Nigel Robb**  
**President, the Association of Dental Anaesthetists**

## Scientific Programme

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- Chair: Dr Christine Arnold, Senior Dental Officer  
Special Care Dentistry, Halton Primary Care Trust
- 09.30 – 10.00 Registration and tea / coffee  
*- Why not visit the Anaesthesia Heritage Centre during the break?*
- 10.00 – 10.10 **Introduction**  
Dr Nigel Robb, President, Association of Dental Anaesthetists
- 10.10 – 10.55 **Screening for alcohol problems in a health care setting**  
Mr Adrian Brown, Clinical Nurse Specialist – Alcohol Liaison,  
St Mary's Hospital, London

Within this talk I will describe the simple screening tool used by the staff in Accident and Emergency, my more detailed alcohol assessment and the possible outcomes. Handouts will be distributed providing some demographic information about the referrals that I see, and a brief case presentation will be used to illustrate our work.  
*(Handout available)*

- 10.55 – 11.40 **Alcohol, the growing medical problem**  
Dr Jamie Barbour, Specialist Registrar in Gastroenterology, University  
Hospital of North Tees

This session will look at the following subjects:

- Historical aspects of alcohol misuse in the UK
- Current social costs of alcohol
- Individual/medical cost of alcohol a) Hepatic effects b) extrahepatic effects
- Interpretation of investigations in patients abusing alcohol (case histories)
- Questions/discussion
- Summary

- 11.40 – 12.25 **Improving access to dental care for persons with drug misuse**  
Dr Vanita Brookes, Director of Special Care Dentistry and Salaried  
Dental Services, Lancashire Teaching Hospitals NHS Trust

The prevalence of use of any illegal drug, in the population aged 15-64, remains at about 9.35 per thousand. Young adults under the age of 30 are more likely to use illicit drugs. Cannabis is the most commonly used drug amongst all ages across the UK. Males are twice as likely to use drugs with prevalence particularly high amongst vulnerable groups.

Many factors contribute to high levels of dental disease in this client group. Attendance patterns for dental treatment are poor. Dental management can be problematic, compounded by associated medical issues, pain control problems and behavioural disturbances.

A community based project was developed for clients of a Community Drug and Alcohol Team in South Lancashire. Basic dental care and preventive dental advice was provided at a needle exchange centre. 88.5% of clients required referral to appropriate providers of dental care and this was facilitated through this scheme. The drug users welcomed the opportunity to access oral care and advice. The success of the scheme was attributed to the adoption of an integrated approach in service development, with drug users and service providers. The Personal Dental Service in close collaboration with the Dept of Special Care Dentistry, was best placed to respond to the needs of the drug users.

12.25 – 12.35      **Discussion**

12.35 – 13.35      Lunch  
- *Why not visit the Anaesthesia Heritage Centre during the break?*

13.35 – 14.20      **Oral signs and symptoms of substance misuse**  
Dr Anita Nolan, Senior lecturer in Oral Medicine, Newcastle  
Dental school

Drug abuse is common, with the numbers of new addicts increasing. Such patients present for dental treatment, usually as emergency patients, and may not be known to the practitioner. The general signs that suggest possible drug abuse are discussed as well as a brief outline of the individual drug groups commonly abused. In general, severe caries and periodontal disease are the most common presentations, although there may also be other oral mucosal manifestations. Some drugs may increase motor activity resulting in severe bruxism and even trismus. Finally, HIV, a common consequence of iv drug abuse is discussed.  
*(Handout available)*

14.20 – 15.05      **Anaesthesia and sedation for patients with substance misuse**  
Dr Nigel Robb, President, Association of Dental Anaesthetists

15.05 – 15.50      **Substance misuse and the professional**  
Dr Angeliqe Mastihi, Medico-legal Advisor, Medical Protection Society

In the past, the extent of substance misuse among healthcare professionals has been difficult to quantify. However it is clear that as in any stressful and responsible career pathway, there is the potential for such problems to develop.

There are now a number of systems in place, ensuring patient safety and assisting not only those experiencing difficulties but also their colleagues. There is a wealth of specialist support available for the professional, enabling them to obtain the appropriate advice, assistance, treatment and rehabilitation. Substance misuse, as with any health issue, can not be ignored.  
*(Handout available)*

15.50 – 16.05      **Discussion**

16.05 – 16.30      Tea / coffee  
- *Why not visit the Anaesthesia Heritage Centre before you leave?*

## Meeting Information

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### *Registration*

All delegates are asked to ensure that they sign-in and collect a delegate pack and name badge on arrival at the meeting. Please note that there is an *additional* register specifically for GDPs wishing to claim London Deanery CPD Allowance (see below).

### *Continuing Medical Education*

The ADA Winter Meeting 2006 has been accredited by the Royal College of Anaesthetists with 5 CEPD points and is also approved for CPDA by the London Deanery.

Certificates of attendance will be available from the registration area at the end of the meeting. Any certificates not collected at the meeting will be posted to delegates directly.

If you wish to claim the CPDA **you must** ensure that you sign the attendance register specific to GDPs. You should also complete the FP84 form enclosed in the delegate pack and return it to the Dental Practice Board.

### *The Meeting Venue*

All lectures will take place on the 1<sup>st</sup> floor in the Intavent Suite. If the temperature is too low or too high please inform a member of staff. Please remember to switch off your mobile phone.

Lunch and all refreshments will be served in the restaurant in the basement of the building.

### *The Anaesthesia Heritage Centre*

The Association of Anaesthetists of Great Britain and Ireland has brought together the Association's museum, archives and library to form the Anaesthesia Heritage Centre. The collections work together to help date, explain and illustrate each other and are a unique resource for research into the history of anaesthesia. A leaflet detailing the centre is included in the delegate packs.

Please feel free to browse the exhibits during the refreshment and lunch breaks.

### *Evaluation Forms*

In order to identify speakers, sessions, and topics that have been of particular interest, delegates are asked to complete and return the evaluation form which can be found in the delegate pack.

Please hand your completed form either to a member of staff at the registration area or send/fax it to the conference organisers whose details can be found on the form.

### *Parking at 21 Portland Place*

Please note that no private parking is available at the Association although it may be possible to find on street parking on the day. Alternatively there is an NCP car park at the Holiday Inn on Carburton Street approximately 10 minutes walk away.

### *Mobile Phones*

Please would all delegates ensure that mobile phones are switched off while in the lecture hall.



## Notes

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